

## **AFTER ENDODONTIC TREATMENT**

A temporary filling has been used to seal the tooth. Be gentle with the tooth until a final restoration is placed. The nerve, blood and nutrient supply has been removed. This may cause the tooth to become brittle and prone to fracturing which can result in the need for extraction. IT IS NECESSARY TO RETURN TO YOUR GENERAL DENTIST FOR FINAL RESTORATION.

### EXPECT:

- Some discomfort or pain after anesthesia wears off (This varies from case to case)
- Minor swelling and soreness of gum, injection site or face
- Most symptoms occur 24 to 48 hours after treatment

### DO:

- Start pain medication before you experience any pain
- Control mild pain (if not Aspirin sensitive) by taking 2-3 Ibuprofen (Advil) every 4-6 hours for the next 48 hours
- Control mild pain (if Aspirin sensitive) by taking Extra Strength Tylenol every 4-6 hours for the next 48 hours
- Control moderate to severe pain by taking your prescription narcotic pain medication
- Finish all antibiotics if prescribed
- If taking antibiotics, eat active-culture yogurt each day to maintain the “good” bacteria in your digestive system
- Apply ice pack on 15 minutes off 15 minutes the evening of your treatment for two hours and repeat as needed for the next few days
- Keep treated area clean with gentle tooth brushing

### DO NOT:

- Chew on the side with the treated tooth
- Skip medication doses
- Drink alcohol with pain medication
- Smoke which irritates the area and slows healing
- Engage in strenuous physical activity for a few days (even if you feel great)

### CALL THE OFFICE IF:

- You have extreme pain not managed with prescription pain medication plus Ibuprofen or Tylenol
- You have more than mild swelling of the face, jaw, neck or eye area
- You have uncontrolled nausea even though you took medication with food

### GO TO THE EMERGENCY ROOM IF:

- You have sudden or severe swelling
- You have difficulty breathing
- You have Swelling of the throat
- These may indicate an allergic reaction to medication